



## STARTERS AND SHARING PLATES

<b>SOUP OF THE DAY</b> .....	6.75
Served with bread and butter. 1(wheat),7,9	
<b>SEAFOOD CHOWDER</b> .....	11.00
Creamy Fresh mixed seafood chowder served with bread. 1(wheat), 2, 4, 7, 9, 10,13	
<b>FALAFEL BITES</b> .....	6.50
Crispy falafel bites served with a garlic yoghurt dip. 7	
<b>MAC AND CHEESE</b> .....	9.00
Macaroni pasta with homemade cheese sauce. 1(Wheat),3,7,10	Add Bacon....2.25 Add Chorizo...3.25
<b>LOADED NACHOS</b> .....	13.00
Corn tortilla chips, guacamole, salsa, sour cream, mixed veg, jalapenos, homemade cheese sauce.	Add Chorizo...3.25
1(Wheat, Barley),6,7,9,10,12	
<b>BUTTERMILK FRIED CHICKEN</b> .....	11.50/21.00
Buttermilk marinated fried chicken fillets served with sweet chilli mayo. 1(Wheat),3,7	
<b>GBB BBQ WINGS</b> .....	11.50/21.00
Marinated with GBB Ostara Beer BQ Sauce with crunchy celery and blue cheese mayo. 1(Wheat, Barley),3,4,6,7,9,12	
<b>GBB HOT WINGS</b> .....	11.50/21.00
Marinated with GBB Slow Lives Helles Hot Sauce with crunchy celery and blue cheese mayo. 1(Wheat),3,7,9	
<b>CAULIFLOWER WINGS</b> .....	11.50/21.00
Breaded cauliflower wings, served with a choice of hot sauce or BBQ. 1(Wheat, Barley),4,6	

## BURGERS

<b>CLASSIC BURGER</b> .....	17.00
100% Irish beef patty, brioche bun, pickles, baby gem, mayo, beef tomato. 1(Wheat),3,6,7,9,11,12	
<b>SMOKY BLUE BURGER</b> .....	17.50
100% Irish beef patty, crispy bacon, Cashel blue cheese, baby gem, mayo, beef tomato, brioche bun. 1(Wheat),3,6,7,9,11,12	
<b>FISH BURGER</b> .....	17.50
Brioche bun, Full Sail IPA battered fish, tartare, lettuce. 1(Wheat),3,6,7,9,10,11,12	
<b>ELVIS BURGER</b> .....	20.25
Brioche bun, double 100% Irish beef patties, crispy bacon, egg, red cheddar, onion jam, baby gem, mayo and beef tomato. 1(wheat),3,6,7,9,11,12	
<b>BUFFALO CHICKEN BURGER</b> .....	17.50
Brioche bun, mayo, baby gem, beef tomato, breaded chicken breast, tossed in buffalo hot sauce, topped with Cashel blue cheese. 1(Wheat),3,6,7,9,11,12	
<b>FALAFEL BURGER</b> .....	17.00
Our house Falafel patty, relish, rocket, beef tomato, yogurt served on a brioche bun. 1(Wheat),3,6,7,9,10,11,12	
<b>CHICKEN BURGER</b> .....	17.00
Grilled chicken with caramelised red onion and chorizo, baby gem, beef tomato and mayo. 1(Wheat),3,6,7,9,11,12	

Add Cheese 2.00 Add Bacon 2.00  
Add Egg 2.00 Add Chorizo 3.00

## MAINS

<b>FISH AND CHIPS</b> .....	18.25
Full Sail IPA battered fish served with tartare sauce and twice cooked chips. 1(Wheat, Barley),3,4,9,10,12	
<b>CREAMY TOMATO PASTA</b> .....	16.00
Penne, Chicken, roast veg, spinach, tomato base. 1(Wheat),3,7,9,10	
<b>GALWAY BAY OSTARA STOUT STEW..</b>	17.50
Slowly cooked 100% Irish beef in a rich GBB Ostara stout sauce, with root vegetables and creamy mash potato. 1(Barley),7,12	
<b>BANGERS AND MASH</b> .....	13.75
Apple and leek sausages served with gravy, mash and crispy onions. 1(wheat),6,7,9,12	
<b>LENTIL DAHL</b> .....	13.25
Aromatic lentil Dahl with mango chutney and sour cream served with basmati rice. 7,10	
<b>SEAFOOD LAKSA CURRY</b> .....	18.50
Fresh diced seafood, Asian vegetables and served with noodles. 1(Wheat),2,3,4	
<b>TRADITIONAL BACON &amp; CABBAGE</b> .....	17.50
Bacon loin and Cabbage served with creamy mash and parsley sauce. 1(Wheat),7	
<b>PHILLY CHEESE SANDWICH</b> .....	18.00
Pulled Beef, sauteed onions and green peppers with cheese sauce on ciabatta served with chips. 1(Wheat, Barley),7,9,10	

Swap Regular Fries for any  
Loaded Fries for 2.50



## SIDES

HALLOUMI FRIES .....	7.75
Deep fried halloumi sticks served with garlic mayo. 3,7	
GARLIC PARMESAN FRIES .....	6.75
Garlic oil, Parmesan, herbs. 1(Wheat),3,7,9,12	
ONION RINGS .....	5.50
With BBQ or hot sauce. 1(Wheat, Barley),4,6,7,12	
TWICE COOKED CHIPS .....	5.75
Served with sweet chilli mayo. 1(Wheat),3,9,12	
SWEET POTATO FRIES .....	6.25
Served with sweet chilli mayo. 1(Wheat),3	
JALAPENO CHEESE FRIES.....	6.75
Homemade cheese sauce, jalapeños and tortilla crumbs. 1(Wheat),6,7,9,10,12	

**3 Pint Pitchers!**  
**Share and save on our**  
**draught, ask staff for**  
**details!**

## SALADS

CAESAR SALAD .....	13.00
Caesar dressing, crispy baby gem, crispy bacon, croutons, Parmesan. 1(Wheat),3,4,7,10,12	
PROTEIN BOWL .....	11.00
Crispy baby gem, spiced chickpeas, sun-dried tomatoes, kidney beans. 12	
BROCCOLI SALAD .....	14.00
Fresh Broccoli florets, mix leaves, crushed walnuts, cherry tomatoes, red onion in a lemon mayo dressing. 3,8(Walnuts),12	

**Add Chicken 3.00 Add Bacon 2.00**  
**Add Egg 2.00**

## DESSERTS

HOMEMADE BROWNIE .....	7.00
served with vanilla Ice cream. 1(Wheat),3,7,12	
APPLE & RASPBERRY CRUMBLE.....	7.00
Served with vanilla ice cream. 1(Wheat,Oat),7,8(Walnuts,Hazelnuts)	
OSLO CHEESECAKE .....	7.00
Seasonal fruit or berry Cheesecake - ask for todays variety. 1(wheat),3,7	

## PAIR YOUR MEAL UP WITH OUR GBB BEERS



**Full Sail**  
**West Coast IPA**



**Bay Ale**  
**Red Ale**



**Ostara**  
**Nitro Stout**



**Althea**  
**Hazy Session IPA**



**Slow Lives**  
**Helles Lager**

### DIETARY ADVICE

- |                |             |           |                     |              |
|----------------|-------------|-----------|---------------------|--------------|
| 1. Gluten      | 4. Fish     | 7. Milk   | 10. Mustard         | 13. Molluscs |
| 2. Crustaceans | 5. Peanuts  | 8. Nuts   | 11. Sesame Seeds    | 14. Lupin    |
| 3. Eggs        | 6. Soybeans | 9. Celery | 12. Sulphur Dioxide |              |